

Erasmus+ priorities: reflections during your mobility

The Erasmus+ programme supports four key priorities at institutional and programme level. While implementation is primarily the responsibility of host and home institutions, participants may encounter related practices during their stay. You may be asked to reflect on these aspects in post-mobility reporting.

Reflection does not imply obligation to implement measures, it can relate to observation, awareness, or comparison with practices at your home institution.



Inclusion and diversity

Consider how your host institution promotes equal opportunities and respect for diversity. Reflect on:

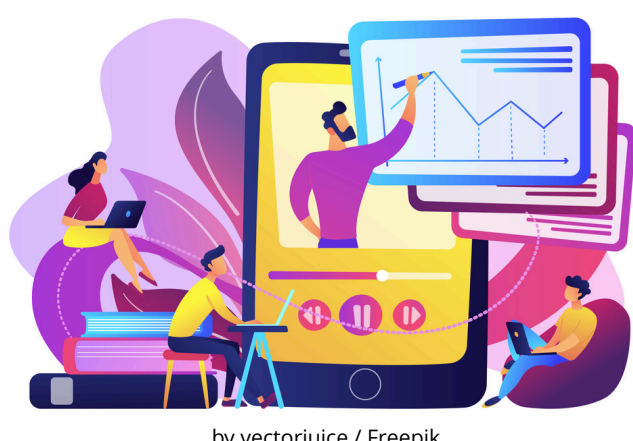
- accessibility and support for diverse participants
- inclusive teaching, training, or research practices
- team and intercultural dynamics
- opportunities for underrepresented groups in academic life

Environmental sustainability and climate change

Notice initiatives and practices aimed at reducing environmental impact.

Reflect on:

- sustainable mobility and travel choices (train, public transport, etc.)
- energy-saving and waste-reduction practices in the workplace
- awareness of environmental policies at the host organisation
- daily habits contributing to sustainability



Digital transformation in education, training, and research

Observe how digital tools and infrastructures support academic work. Reflect on:

- use of online teaching, learning, or collaboration tools
- access to digital research platforms and resources
- administrative or reporting processes facilitated digitally
- differences between digital practices at host and home institutions

Participation in democratic life, common values, and civic engagement

Consider how European values are expressed in academic and community life.

Reflect on:

- academic freedom and open dialogue
- institutional governance and decision-making practices
- intercultural cooperation and team participation
- opportunities for civic engagement within the academic environment

